# HOUR of POWER

Hour of Power Deutschland Steinerne Furt 78 86167 Augsburg

Telefon: 08 21 / 420 96 96 Telefax: 08 21 / 420 96 97

E-Mail: info@hourofpower.de www.hourofpower.de

Baden-Württembergische Bank BLZ: 600 501 01 Konto: 28 94 829

IBAN: DE43600501010002894829

BIC: SOLADEST600

Büro Schweiz:

Hour of Power Schweiz Seestr. 11 8594 Güttingen Tel.: 071 690 07 81 info@hourofpower-schweiz.ch www.hourofpower-schweiz.ch

Spendenkonto:

PostFinance AG, 3030 Bern Konto: 61-18359-6 IBAN: CH1609000000610183596 Hour of Power, 14.05.2023

### GOOD MORNING – Bobby Schuller (BS) and Hannah Schuller (HS)

BS: This is the day the Lord has made. We will rejoice and be glad in it. Good morning.

HS: Welcome visitors and church family. We are just so happy that you're here. We love you. I want to remind you today that God's word is His will. Anytime you pray for any of the promises in the Bible, you are praying God's will. We love you. BS: Hey, whether you're watching on TV or you came here to church, can we just agree you made a good decision today to be here! Lots of things you could be doing right now; sleeping, watching Netflix, or gathering with God's people, I think our time is valuable, we all know that. When we come to a place like this, we hope to leave with something valuable. God has something valuable for you today. Amen? Let's leave here with a full bucket, and ask that God would change our lives. So let's pray. Father, we thank you that your Holy Spirit is here right now. Thank you, Lord, that we can become everything we need to become to achieve what we need to achieve. Thank you that our sins are wiped away, that we could come boldly into your presence, free of harm and fear and all of the things that plague us. And Lord, most of all, we just want to say we're thankful for Christ crucified and raised from the dead, that we can be alive today. Thank you for Him, and it's in Jesus' name we pray, all God's people said, amen.

HS: Amen. BS: All right.

HAVEN: Turn to the person next to you and say God loves you and so do I.

## SCRIPTURE - 1. Corinthians 10,23-24 - Hannah Schuller

In preparation for the message, 1st Corinthians 10:23. I have the right to do anything, you say, but not everything is beneficial. I have the right to do anything, but not everything is constructive. No one should seek their own good but the good of others. Amen.

## INTERVIEW - Daniel Fusco (DF) and Bobby Schuller (BS)

Daniel Fusco is a talented speaker and author, who currently serves as the lead pastor of Crossroads Community Church in Vancouver, Washington. Though he was raised Catholic in New Jersey, he gave his life to Jesus Christ in his last year at Rutgers University and felt called to pastoral ministry. After being ordained, he went on to plant multiple churches in New Jersey and California before rooting himself at Crossroads Community. His newest book, You're Gonna Make It: Unlocking Resilience When Life is a Mess, looks at how we can navigate through the messiness of life, how to find resilience, and understand God's plan through it all

BS: Daniel, welcome! So nice to have you!

DF: Oh Pastor Bobby, it is so good to see you and Hannah and the kids, and all my love to everyone at Shepherd's Grove and Hour of Power.

BS: Thank you my friend, and you are a friend. Of course you've preached here before, Hour of Power, lots of times. Last time you were here, I was.. gosh where were we? I think we were in Israel. And I got a text from you in my office with a picture of my family and just chilling out on the desk and having a grand old time. That's awesome. Well.. that's funny, your face is great.

DF: That's just so funny. I just remember when I was in your office and we were doing that, I'm like oh Pastor Bobby's going to love this. And I got my feet up on the desk. It's like oh gosh.

BS: A hundred percent. That's my type of sense of humor. Well I'm excited about your new book. I love your books. You have a new one called You're Going to Make It. But before we get there, maybe just tell everyone a little bit about your ministry and sort of how you got to the place where you wanted to write this book.

DF: I mean so for me, I grew up in my native state of New Jersey, and everyone stereotypes about like Italians from the New York metropolitan area. That was my family, big and loud and loving. But spiritually we never really spoke too much about Jesus. We'd go to church from time to time, but I got radically saved in college, really I was searching spiritually because of my background, Jesus was kind of the last place I looked. But when I was challenged to read the New Testament by a psychology professor, and had a buddy who had started walking with Jesus, Jesus really met me. And it really gave me a passion, given my background, just for people, everyday people. And so I wrote the book You're Going to Make It kind of out of the last three years what we've all been going through. The number of times I caught myself saying or someone said to me, I don't know how we're going to make it, I remember in the midst of that, at one point, I was dealing with something. I was sitting in my office and I was just kind of praying, I'm like man, God, I don't know how we're going to make it. And I felt like the Lord was like Daniel, you're going to make it because Jesus already made it. And it really birthed in me a desire to search the scriptures to see what does the Bible teach about resilience, perseverance, it has a lot in there, and as a way to try and help us because I think for all of us, oftentimes when we need resilience, even as followers of Jesus, we realize that like we know that we should have it, but when we don't have it, how do we unlock it in the midst of the struggles and trials of life.

BS: That's awesome. I love that. And of course it's something so many of us need. I think that there are those seasons we get to where we just want to quit, and some people do, and others don't. And it seems to be such an awesome gift. And you're giving people that gift as a part of their personal development. It's called You're Going to Make It. And one of the things I love in your book, there was a quote you said; it was something like when we get to our stressful situations that we hate, that's actually God's opportunity. It was a really great point. Can you tell me a little bit about that? DF: Yes, so I mean nobody likes stress. I definitely don't, but really statistic or by definition, stress is the response of our bodies to uncertainty. Right? And so really what I've learned is that even though I don't like stress, stress is always a signpost. It's an invitation from God. When my body responds to uncertainty, what it means is that I have to walk by faith, and even though I don't know what the outcome might be, I do know what is certain is that God knows what the outcome will be. He knows all the details of it. And so every time I feel stress, rather than running from Jesus, I am learning that stress is an invitation from the Lord to say Daniel, you're feeling fearful or worried or uncertain, but you can trust me because I'm the alpha and the omega. And as a believer, that step, that habit of not running away from the Lord or running to some sort of a pacifier when I feel stressed, but really allowing that to drive me into the arms of Jesus is incredibly helpful for us to live the abundant life. BS: We all have our coping mechanisms when we get to stress, and those are things that aren't necessarily sins, but they're probably not good for us. Binging Netflix or eating a whole bag of potato chips or whatever, just crawling into bed and disappearing, and a lot of times those are ways that we're trying to like treat it, but actually if we can train ourselves to like kind of lean into the knife a bit, that's what you're telling us right? Like just to dig deeper into our walk with God, or do things like that. That's where a lot of that resilience comes from, right?

DF: Well yes, absolutely. I think what happens is for all of us is we have a tendency to want to divorce God from the hard things. But really, God is really teaching us don't waste the hard things that I leverage, to use a business term, I leverage the hard things to be able to bear some beautiful fruit. And so really, it is about leaning in and saying God, while this thing is happening, I may not like it, I may not enjoy it, but while it's here, let it bear the fruit that you want to bear, let it transform me that I might be more like Jesus, and when that happens, we not only just kind of survive what's going on, but we really begin to thrive in the midst of it.

BS: I think it's so key and so many people will just give up at the worst time. And so often we're so close to like that win or that dream, and we just bow out. Well I'm thrilled about your book. It's called You're Going to Make It: Unlocking resilience when life is a mess. Daniel, thank you so much. I know that you're a pastor so this is a big deal for you to take time from your congregation to be with us and encourage us today, but I really appreciate it. We're going to send you these gifts. We have a planner and a calendar for you that people love. We're running out of them, and so we want to make sure you got one just to say thank you for spending your Sunday with us. We really appreciate you. Thanks for being with us, my friend.

DF: Hey, I love you guys. God bless you all.

#### DECLARATION - Bobby Schuller

No matter who you are, we're glad you're here. Would you stand with me? We're going to say this creed together. We're going to beat you up a little bit today, so we're going to start with the easy stuff, how's that? Let's say this together: I'm not what I do. I'm not what I have. I'm not what people say about me. I am the beloved of God. Its who I am. No one can take it from me. I don't have to worry, I don't have to hurry, I can trust my friend Jesus and share His love with my neighbor.

## MESSAGE - Bobby Schuller - Scrape the Barnacles Off the Boat

Many of us, if you grew up in a place like America, you grew up Catholic or Presbyterian or Pentecostal or something, and when you go to that, whatever, piece of paperwork that they ask you "religion", you check the "Christian box" or "Catholic box" or whatever it is. And so many of us, we sort of think of ourselves as Christians culturally, but it's not a way of life for us. It's been amazing for me how many Christians or people I've met that have become Christians who would say to me well I didn't really become a Christian, I always was, but now I'm into it. I'm asking you today to get into it. I'm asking you today to not hover in that weird gap of cultural Christianity where it doesn't affect your life at all, you don't really believe much or pray much, or participate in anything, but you would say yes, I think I'm a Christian, kind of. I want you today to really believe, to really commit your life, to know with full confidence if today is my day, I know where I'm going. If I'm friends with Jesus, He's going to let me in. Isn't that a great thing to have, a blessed assurance? You can't just wing it through life. You need a Savior. You need a teacher. You need a guide. You need a friend. If you're asking 'like is he trying to convert me?' The answer is yes! Hundred percent I am trying to convert you. I want you to make a decision today to become a Christian. I love it. I love my life with Christ. It's the best decision I've ever made, and you can do it, too, today. I want to pray for you, I want to know who you are, and I want to think of you when I think of people coming to know the Lord. Hey, here's a good question for you: if you asked Republicans today 'why is this country so messed up?' What are they going to say? They're going to say Democrats. Right? Now here's another good question. You go ask a Democrat - 'hey, why is this country so messed up?' What are they going to say? Republicans. Hey let me ask you another guestion: if I were meeting a couple and their marriage wasn't going so good and I sat down and I asked the husband when his wife wasn't there, 'why is your marriage so bad?' What's he going to say? 'It's my wife's fault.' If I meet that lady later in my office and I say 'hey why is your marriage so messed up?' What's she going to say? 'It's my husband's fault. He doesn't buy me flowers anymore.' Was that Barbra Streisand, right? If I ask a guy who's down on his luck, friendships are bad, relationships are bad, can't meet a girl, can't get married, job isn't going well, hasn't gotten a raise in five years, barely hanging onto his job, toxic relatives and all this stuff going on in his life, no success, empty account, full of debt, out of possibilities, and I ask him 'why is your life so messed up,' what's he going to say? Well I'll tell you. Its Republicans and Democrats, right? He's going to say 'it's my boss' fault,' right? He's going to say 'its inflation, it's the Feds fault,' right? He's going to say 'it's my toxic relatives. You should hear what my mother said to me. You should hear what my father said to me. You should hear what my aunt Mable said about me on Facebook. It's her fault. A man can't read something like that online and expect to sleep at night. How do I sleep at night knowing aunt Mable is saying all these things. Like I'm going to sue her.' Right? Whose fault is it. Everyone else' fault. But here's what we all know when we're talking about this random guy who's down on his luck: his luck will not improve until his life improves. His life will not improve until he improves. We all know of this man that his life won't get better until he gets better. That's easy to say, isn't it. Until I say that guy is me. That gal is you. It's hard. If you ask this man 'why is your marriage so bad.' He's going to say 'well it's my wife's fault.' If you ask him 'why are your finances so bad,' he's going to say whatever. But his marriage won't get better until he becomes an ideal husband, the kind of husband that his wife truly wants. Here's a good question – ask your wife what kind of husband do you want? Now all of you just, oh that's a galling question, right? Why, because it's her fault! It's always been her fault. Or same thing, that's a great question to ask your husband – what kind of wife do you want? Here's a better question – how do you receive love? See, we always give love the way we receive love, but husbands and wives receive love differently. So his marriage won't get better until he decides to become a better husband. His finances, when will those get better? Right? He's profligate good; he spends 110% of everything he makes. Used to be when you got to zero you were out, but now you can just go skating right on by. He's negative ten percent, right? When will his finances get better? When he becomes financially smarter. When will his health get better? When he decides to become a healthy person.

You might say well pastor Bobby, what does this have to do with my relationship with God? Everything. They are all threads in the tapestry of what everyone and most of all, you see, the tapestry of your life. It is a tapestry you've woven. Your marriage, your finances, your health, and yes your belief in God, your spirituality are all connected under one thing – your vision and your plan for who you will become. You say to me well I don't have a vision. I don't have a plan. Well, that's a great confession. That's a great start. If you make a plan, it'll get better for you. But can we say it's not going to get better for you until you get better. It's not going to get better for you until you become the kind of person that attracts into your life the things that you desire most. Hey if you were to ask Bobby now can I just say this for a moment, Jesus told us hey, if you don't have a few people walk out of your sermon; don't worry, Irene's not walking out on my sermon, she just has to.. if you don't have a few people walk out on your sermon, you are not being interesting enough. Can I say something interesting to you, something that hopefully will get at least one person to really walk out, if you asked Bobby Schuller why is America so messed up, 49% of Americans will say its Republicans. Another 49% will say its Democrats. But people like me will say something like this it's not. Turn off the news and look around. Why is America messed up? It's not! Why is California messed up? It's not. Why is Irvine messed up? My friend, it's not messed up. Yes, there's some tinkering, yes we should vote our values and we should vote and we should care and we should do our civic duty, and yes there's something tinkering and some screws loose here and there, and some repairs and barnacles that need to be removed, but can I just tell you yesterday, I went to this amazing place called a grocery store. Can I just pause here and say for a minute that the world we are living in today, our great grandparents couldn't even imagine. You go to the grocery store and you look around and wow, go to the produce section. You're going to see pineapples and eight different types of apples and oranges and limes, and all sorts of weird fruits that have names from Indonesia and Vietnam and Hawaii that were all flown in yesterday. Salmon and fish that were caught this morning, fileted and cleaned. You can pick any kind of fish you want, any kind of meat, any kind of chicken. They have pizzas ready to serve you right there. And the chips, there's 80 different types of chips. Oreos, did you know there's 85 different types of Oreo flavors? Wow! This morning I want to Starbucks, and I got a big cup of hot coffee at 4:30 in the morning, and I paid two dollars from, and it was a precious, delicious cup of coffee. You say well what about the poor, what about the homeless people? Yes, what about them? The guy behind me, a homeless guy, said 'excuse me sir, would you mind buying me something?' And I said 'well no problem, I'd be happy.' It's a Sunday and I'm happy to help someone in need, so he ordered a French baguet sandwich, and some madeleines, and two drinks and a little side of fruit and a protein box. I thought it would be a cup of coffee, but I was okay with that. How much was that? Eighteen dollars. And he goes and he sits down and he eats like J.D. Rockefeller would have eaten a hundred years ago. That's an amazing world. It's not perfect, of course. We want to fix it. But its good enough for you to attain the kind of life you want, my friend. Nothing is stopping you from becoming who you need to be except you. You can become and do and achieve anything you set your mind to if you stay to it and stop blaming everyone else. My friend, we cannot wing it through life. I mean we can, but if you wing it, you'll be like everybody else. If you want a special kind of amazing life that God has in store for you, you got to have a plan. Here's something Dr. Schuller taught me, a famous quote of his: "if you fail to plan, you plan to fail." If you fail to plan out your life, you will live according to someone else' plan. What do you think the government has as a plan for you. I think it's not much. Can we all agree on that? Let's all say that together - not much. If you let your boss plan your life for you, what does your boss have in store for your future. Not much. If you let your relatives plan your life for you, what do your relatives have in store? They love you, they care for you, they're going to be there for you, but what's their plan for you? Not much. If you want to become something great, you have to see it first. You got to write it down. You got to lay before you the person you want to become, the things you want to achieve, and the things you want to do, and my friend, if you do that, your life will never be the same! Wow. First Corinthians 10. The scriptures say "I have the right to do anything, you say, but not everything is beneficial." We have a lot of those things in our life, don't we. All sorts of things. That's not a sin, we're not sinning, we're not violating God's command, but is it beneficial? "You say I have the right to do anything, but not everything is constructive. No one should seek their own good, but the good of others." Two amazing points there in that scripture. Here's the first one. There's two types of Christians. I've been both of them, by the way. Two types of Christians. There's Lloyd legalist, that's the legalist Christian, and then there's the reward Christian. There's legalist Christian, and a reward Christian.

A reward Christian wakes up in the day and says I want to be like Christ because that's the best kind of life I can live! I want to be full of God's life and power. When I pray for people, I want to see breakthrough. When I speak, I want to speak in a sophisticated way that's full of scripture. When I do things in life, I want it to be full of meaning and purpose and life, and all the good things that come with becoming more and more like Christ. Here's what the legalist Christian says: can I watch that? Probably. Here's what a legalist says: can I eat that? Can I drink that? Can I do that? I can probably get away with that. If I go over some grey line, I could always pray a prayer. See that's a legalistic Christianity that Jesus specifically was trying to prohibit. That's the thing we want to avoid. A vision of doing just enough to stay in and not be an outsider. It's the "I have the right." Do I have the right to be profligate and wasteful with my finances? Absolutely. That's not a sin. You can do that. You earned your money; you can spend it any way you want. What about the media I consume. Can I watch this stuff? Can I listen to this music? Absolutely. A lot of the stuff you're asking about is no problem. Except it is a problem. It's not a sin at all, but is it helping you become that person you really want to be? I want to say maybe it's not that bad, but if you look at consuming that stuff for hours, you kind of look back and you go wow, that fried my brain and hardened my heart. Can I eat whatever I want to eat? Can I eat tons of junk food all the time? Is that a sin if I eat constantly? Probably not. Is it going to make you get where you want to go and become who you want to be? Probably not. And see all these things are woven together because when I consume junk media, and consume junk food, and spend all of my money on junk, right, that my life becomes junk. My body becomes junk. My future becomes junk. And its expressed in my messy car, and my messy bedroom, and my messy garage, and I still have the gall to say why is America so messed up? Let's start by making our beds, eating some good food. See when our life becomes junky, we start treating people poorly. We start treating people sometimes like junk. We begin to neglect our pets. You have a bird, you have a cat, you have a dog, and they love you. You think God cares about your pet? Absolutely. Look at how much of the Bible is written about how to treat and care for animals. We neglect our friends. Someone you should have written to, or you might have called, someone you love and care about them deeply, and you have no hard feelings for them at all, but they wonder does she still like me? Does he still think of me? You think I got to call my mother. I got to visit my father. I got to go down and see them. I got to book a flight or hop in the car and go see them. See when we eat junk, consume junk, spend our money on junk, the people that love us think that we think they're junk, but we don't, right? We love them. And that's why all of life is woven together in the small decisions we make. My personal development as a believer is not for me, it's for them. I need to become the man I'm called to be. Even though I'll benefit from it, I need to be that man for my wife. I need to be that man for my kids. I need to be that man for my parents. I need to be that man for my church. And can I tell you that that is a good thing to have in life, to have people that need you to improve, need you to develop and become who you're called to be. And this is the second thing Paul teaches us from the scripture. Don't do it for your own good, do it for the good of others. Why? When I do it for my own good, the flesh will kick in, and that's also me, that's also my own good. Hey, you say I want to get in shape, I want to lose a little bit of weight, until you're having a stressful day and then when you eat a whole can of Pringles, and yes I've actually done that, you go that was also for me. That was a little Bobby move. But when you're doing it for someone else, hey, that's a good thing. That gives it power. Here's a good goal: I want to get in shape. That's a good goal. I bet almost everybody in this room has a goal like that. I want to get in shape. That's not enough. It won't get you there. Here's a better goal: I want to be healthier so that when my granddaughter gets married in ten years, I'm alive to be there with her. I know she loves me, and if I was gone, she would be heartbroken if I wasn't there. I want to be healthy. I want to see my grandson become a doctor. I know that I pray for him all the time, and it's going to be about ten years away before he becomes a doctor, but I want to be alive when that comes, so I'm going to get healthy so I live to be with him on that day. That's a better goal. There's an even better goal than that, did you know that? I want to get healthy so I can go to my granddaughters wedding's a great goal, but a better goal is I want to become the kind of person that's passionate about treating my body well, that's passionate about being healthy, so that I can go to all my grandkids weddings, and go to my great grandkids weddings. Hey there's a great goal. And if you achieve that goal and look back twenty years, you'll say I am so glad I got up in the morning, that my back didn't hurt as much, that I was able to go upstairs like it was no problem, that my walking was better, that I not only added years to my life, but I added life to my years. That's a good goal. I stole that quote from my dad, by the way. He wrote a book called that. I'll do a lot of stealing from my dad and grandpa.

Being needed is such a treasure, isn't it. We don't understand how important being needed is to achieving what we want to achieve. A man I've written to for years, good man who has struggled with depression his whole life. When he hits a low point, he'll write me and say 'I wanted to take my life today. But I knew that if I died, no one would be there to take care of my cat.' Is that a good reason to stay alive? Do you think that's a good reason, to take care of your cat? I think that's a terrific reason to stay alive. It's great when your cat needs you, your dog needs you, your neighbor needs you. Someone in the hospital needs you. A colleague needs you. What a treasure to be needed. Those are the things that get us, very often, through the rough spots in life. There was a radio show back in the day. A brilliant clinical therapist would receive phone calls, people would call in with their problems. One of the hardest calls I ever heard, woman called in, she said 'I don't know how I can make it. My child, my daughter died, and I can't get out of bed, I can't go to the grocery store, I can't take a shower; I can't do anything with my life.' Now when I took clinical therapy in graduate school, they would have taught me back then that when someone says something like that, you ought to empathize. Don't give them solutions, don't solve their problems. And this good advice. They would say stuff like 'oh that must be horrible, that must be hard.' But this phone call, I heard something I'd never heard before, something I would have never thought of, she said to this mother. she did empathize - 'I can't imagine what that's like. Every parent's nightmare.' But then she said 'but don't forget your other kids just lost their sister, and they need a mom. And don't forget, your husband also lost a daughter, and he needs his wife.' And you could hear in her voice that she got a second wind, not that it didn't hurt anymore, but there was a purpose, a reason to get up and get out of bed. It was the people that needed her. Wow. That's powerful. That's powerful. So in life, when we design our life and prepare our life, we ought to think in our goals about who we are becoming for. And if you don't have someone in your life, get someone, even if it's a cat. It'll improve your life, I promise. But as we go along in life, we take on these things in our life called barnacles. Now if you're a SpongeBob fan, you know that that's the appropriate way to swear in bikini bottom. You stub your toe or get knocked on the head, SpongeBob SquarePants, a famous cartoon and you're upset, you say "barnacles." Barnacles are these things that grow on ships, and they don't destroy the ship, they don't ruin it, but they don't help. They're the things that kind of grow when a ship sort of sits in the harbor for a long time. This metaphor was used by the reformed doctors years ago when they were reforming the faith. Now we love our Catholic brothers and sisters, our Orthodox brothers and sisters. We've had Father Christopher preach here, and Henri Nouwen and others, but the reformed doctors wanted a simpler kind of Christianity, one that was only based on the Bible. And they said as the church went along and it was chugging away and going along through history, it took upon itself these barnacles, these in their view as icons and statues and things; things we don't want anymore. We got to scrape off the barnacles. They're not sin, but they're not good. We're going to scrape them off. And boy is that a good metaphor for life or what! As you go along in life to achieve your goals in the things you set out to do, you get these barnacles on you. They're not destroying you, but they sure are slowing you down. You might think of barnacles in your life. They're not sins, but they're not helping. I'm sure you've already thought of a couple barnacles, right, that are hanging on the hole? You're always going to have them, but there's something about like when a ship sits in a harbor for a long time, that's when it really gets the barnacles. Speaking of Oreos: you want to eat less Oreos, and Hannah will get a hankering from Oreos for time to time. She eats super healthy, but then she'll want double stuffed Oreos, and I'll go get them, and I'll bring them back, and I'll come to get a cookie and they're all gone. Amazing. It's a gift. It's not a bug, it's a feature. And this used to happen on occasion where once every couple months she'd send me out, and I just didn't feel like going out, so I just started buying them, and when I go to the grocery store, she said you can't just buy them and keep them around, then I'll eat them all the time! So I came up with a solution, and this is real, whenever I go grocery shopping, I buy two packs of double stuffed Oreos and I put them in my safe. We have a safe upstairs. Hannah doesn't know the combo. She doesn't want to know the combo, and anytime she gets a hankering, I go in there and choo, choo, choo, choo, choo, choo, choo, choo, choo, kook! And I pull up.. that's a way to handle a barnacle in our lives. Someone asked me last week, do you have TikTok? And I say I do. I lost my login a month ago, and I haven't asked for it back from Dakota, my personal assistant. You know why? Because TikTok is that good. You just sit down, and you just start going video after video, and they're all funny, and you go, go, go, go, and an hour goes by and I went that was not in line with my goals.

That could have been an hour where I could have helped my daughter with her homework, or had a cup of coffee with my wife and asked her how her day was going, or read a book on how to improve as a speaker or as a friend or in my profession. That could have been a moment that I would have spent calling an old friend, or visiting with my dad, or having dinner with my mom, or cooking something delicious, improving my skill as a cook, or any of these other things that I want in my life as I become the person I want to be, but instead, I wasted it on TikTok. Some of you are saying I don't watch Netflix anymore because I've seen it all. Well that's good. Uninstall Netflix! There's five thousand movies. It is not helping you become who you want to be. You say well Pastor Bobby, I don't know who I want to be. Well there it is. Let's know, let's know, let's write it down, let's think about it every day. Let's be obsessive about who we want to become, and work into our lives the kind of disciplines, practices and people that will make us that way. Never become complacent. If you've had wins, successful, victories, you've hit those goals, you've achieved what you want to achieve, never become complacent in your personal development. That's when it all starts to fall apart. Yes, we should take rest, but real rest. Real rest. Lean into boredom. All of history, human beings have been slathered in boredom. Boredom. Everything's boring all the time. Not anymore! And I would say that those boring places that we find ourselves in tend to be the incubators of some of the best ideas in the world. A good idea is not going to interrupt you if you're watching Netflix or if you're on Tik Tok. Nothing wrong with it, it's not a sin, but it might be a barnacle in your life. No idea is going to interrupt you if you're on Netflix, I promise. Being bored is just an invitation to invite all of God's greatness, His ideas, His plans in our lives. I think the real problem is not the boredom, it's that we are in ugly places. I notice that people are not worried about being bored on the beach in Hawaii. They don't have anything to watch, they don't have any books, they don't have anything to do, and yet they're just fine sitting there on a beach chair looking at the ocean. Why? Because it's beautiful. Hey, there's something we can learn. There's something we can learn. Maybe it's good to look for some beautiful places, maybe a park, maybe a friend's house, maybe a museum, maybe something nearby if you're near the ocean, or a mountain, to go to a beautiful place to be bored to hear from God. If you want it to be better, decide today where you want to be in five years, and even more importantly, who you want to be. What kind of a Christian do you want to be? What do you want it to feel like when people are around you? What do you want your bank account to look like? What do you want your friends to say about you? What do you want your employer or employees to say about you? Do you want to be a better leader, a better speaker, a better thinker, a better doer? You can become any of those things, if you just take a little time every day and wrap into those moments in your life who you want to become. You'll never be the same. Wow. You'll never be the same. It's up to you. My grandpa used to say "if it's going to be, it's up to me." I made it a little different, and of course I'm a Schuller so it's got to rhyme – if it's going to be, it's up to me to become who I need to be. That's it. We thank you, Lord for your life, and your promise to us. We are willing, some of us, to pay the price for that promise. We pray that your Holy Spirit would guide us and give us the kind of brilliant ideas that you have for us to become who we need to be. Lord, we love you and we thank you, it's in Jesus' name we pray, all God's people said, amen. Would you stand with me?